Kickin' It Around

Sept/Oct 2008

KUK SOOL WON MARTIAL ARTS

Kickin' It Around

The word is out about the fantastic community service you and your school provides for the community~!!

Martial Arts Benefit Exhibition in St. Charles

Kuk Sool Won Martial Arts and **St. Charles City Parks Tae Kwon Do** will hold their sixth annual Martial Arts Benefit Exhibition from 9-11 a.m. at the St. Charles High School Gym, Kingshighway and Waverly, St. Charles.

Tickets are $3 per person in advance or at the door. All proceeds from admission go directly to three area nonprofits: the St. Louis Backstoppers, Paralyzed Veterans of America, and Community Living.

Organized by Mike Mabrey, chief instructor for St. Charles City Parks Tae Kwon Do, and Master Jack Harvey of Kuk Sool Won Martial Arts, members of both martial arts teams will conduct demonstrations of various martial arts techniques. Police officers, firemen, and veterans in attendance will be thanked and recognized for their service to the country. For more information, contact Master Jack Harvey, (636) 928-0035.

Tickets have been passed out at class; however, there are always more available. If you need additional tickets please see KJN Jack and SBN Lee. Please bring and turn in money from ticket sales or donations to class so KJN Jack and SBN Lee can tally the donations prior to the event.

Congratulations On Your Promotion

The entire Kuk Sool Won Family would like to congratulate all the hard work and dedication our students have given towards their goals of physical fitness and self-defense. Great job !

July 2008

White Belt - Yellow Stripe: Skyler Miller, Lauren Neilson

Yellow Belt - Blue Stripe: Conor Bodkin

Red Belt: Paul Conley

Red Belt – Brown Stripe: Sean Harvey, Jared Sullivan

August 2008

White - Dragon Stripe: Zachary Teuscher

Yellow Belt: Claire Huss, William Reed

Yellow Belt - Blue Stripe: James Higgs, Mark Brown

Blue Belt: Douglass Eilering

Blue Belt – Red Stripe: Bryce Elder, Donovin Diana

Red Belt: Adam Waddell

Red Belt – Brown Stripe: Christopher Fleeman

Brown Belt: Randall Sutton

Special points of interest:

* *Where were you on September 11, 2001? Have you thanked a firefighter or police officer lately?*
* *The 2008 World Kuk Sool Won Tournament Schedule is out. Have you signed up and submitted your tournament fees to SBN Lee?*
* *Several students are planning on attending the tournament in Houston. Let's cheer them on as they represent our school~!*

Birthday Greetings To:

September

Adam Waddell - 3rd
Mark Brown - 6th
Logan Petty - 7th
KSN Jim Frisch - 8th
Steven McGuire - 10th
Jacob Woolbright - 11th
PSBN Darryl Freese - 12th
PSBN Greg Jaeger - 13th
Rick Boggs - 14th
JKN Jimmy Bodkin - 20th
Christopher Stuckstede - 23rd
Tony Lococo - 24th
JKN Sarah Stuckstede - 24th
Faith Kasper - 25th
PSBN Ryan Faulkner - 29th

October

Erika Paar - 1st
Chase Matthews - 5th
Nicholas Hernandez - 7th
Lauren Neilson - 7th
Zachary Teuscher - 13th
KSN George Fleites - 16th
Dylan Hamann - 17th
Randy Sutton - 18th
Mitchell Huss - 24th
James Higgs - 27th
Rob Marchbanks - 31st

Announcements:

Welcome To Our New Students :

KJN Jack and SBN Lee would like to welcome our new students to the KSW family. Please look for our new students in your class and introduce yourself !

Welcome to:

Austin Whitehead,

Nate Hakenewerth,

Jessica Alexander

KSW Booster Club Info

We would like to include everyone in this email and so sign up at the St. Peters do jang for future newsletters.

We plan to send announcements, calendar changes, and sign-ups via email, so don't miss out !!

Some of our exciting projects include Backstoppers in September.

We are also excited about celebrating Kuk Sool Won's 50th Anniversary this year and plan some exciting ways to celebrate all year !

We are always looking for fund raising ideas. If you have an idea please feel free to pass the idea along. Currently we have the following ideas and ventures:

- Aluminum cans-clean them out and bring them in
- We've had great success with the Butter Braid campaign
- Soon to have Schnuck's e-script cards
- Spring Flea Market/Garage Sale - Save your resale items to be donated to the KSW Booster Club to be sold at this event. The date is May '09. More details to follow as we get closer.
- T-shirt ideas, we are still looking for creative ideas for the KSW Booster Club T-shirts.

If you would like to join the Booster Club, please contact SBN Lee Harvey at the St. Peters do jang.

The next Booster Club meeting is planned for Oct 14, '08 at the St. Peters school.

SEPTEMBER

SUN	MON	TUE	WED	THUR	FRI	SAT
	1 **CLOSED - LABOR DAY**	2	3 Adam Waddell		5 **6:00 Kid Sparring 7:00 Adult Spar-ring**	6 **9:00 Instructor Class 10:00 Beg Weapons 11:00 Adv Weapons** Mark Brown
7 Logan Petty	8 Jim Frisch KSN	9	10 Steven McGuire	11 Jacob Woolbright	12 **6:00 Kid Sparring 7:00 Adult Spar-ring** Darryl Freese PSBN	13 **BACKSTOPPERS DEMO PRACTICE 10:00 AM** Greg Jaeger PSBN
14 Rick Boggs	15 **SPARRING**	16 **SPARRING**	17	18 **Belt Testing 6:00 - 8:00 PM**	19 **Belt Testing 6:00 - 8:00 PM**	20 **BACKSTOPPERS EXHIBITION 9:00-11:00 AM** Jimmy Bodkin JKN
21	22	23 Christopher Stuckstede	24 Tony Lococo JKN Sarah Stuckstede	25 Faith Kasper	26 **6:00 Kid Sparring 7:00 Adult Spar-ring**	27 **9:00 Black Belt Class**
28	29 PSBN Ryan Faulkner	30				

OCTOBER

SUN	MON	TUE	WED	THUR	FRI	SAT
			1 Erika Paar	2	3 **6:00 Kid Sparring 7:00 Adult Sparring**	4 **10:00 Beg Weapons 11:00 Adv Weapons**
5 Chase Matthews	6	7 Nicholas Hernandez Lauren Neilson	8	9	10 **6:00 Kid Sparring 7:00 Adult Sparring**	11 **WORLD CHAMPIONSHIPS Houston Tx.** **NO CLASSES**
12	13 SPARRING Zachary Teuscher	14 SPARRING	15	16 **Belt Testing 6:00 - 8:00 PM** George Fleites KSN	17 **Belt Testing 6:00 - 8:00 PM** Dylan Hamann	18 **9:00 BLACK BELT TESTING** Randy Sutton
19	20	21	22	23	24 **6:00 Kid Sparring 7:00 Adult Sparring** Mitchell Huss	25 **9:00 Black Belt Class 5:00-8:00 Halloween Party**
26	27 James Higgs	28	29	30	31 **6:00 Kid Sparring 7:00 Adult Sparring** Rob Marchbanks	NOV 1 **9:00 Instructor 10:00 Beg Weapons 11:00 Adv Weapons**

KUK SOOL WON

#1 E. Sutters Mill Road

St. Peters, MO 63376

Phone: 636-928-0035

E-mail: KSWboosters@yahoo.com

We need more practice!

Here's What's Happening ...

Gentle Reminders :

Please bring **all** your sparring gear to sparring night! You will need it. **Men** need to be sure to wear their **protective gear** at the **start of class**. Parents … check your child's equipment bag to make sure all items are ready.

****

Do you know the "Student Creed"? Belt testing is coming up and you may be asked to recite it.

How many times have you practiced at home this week?

****

Coming Up :

BELT TESTING: 09-18 09-19-'08

BACKSTOPPERS DEMO PRACTICE 09-13-'08 10:00 AM

BACKSTOPPERS EXHIBITION 09-20-'08 9:00-11:00 AM

Email Newsletters & Announcements

Sign-up at the St. Peters do jang to receive your up-to-date KSW Newsletter via email !

****

Due to technical difficulties we are asking that anyone that did not fill out the Buzz Book form. Please obtain a form from SBN Lee and submit prior to 09-30-'08 to be included in this year's Buzz Book

****

PARENTS :

A safety reminder ...

Drivers are **still** cutting thru our parking lot. They do **not** slow down, nor do they expect children in the parking lot. **PLEASE,** keep an eye on your children when coming/going from the do jang.